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**FOR IMMEDIATE RELEASE**  
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### **Nebraska Takes Stand Against Bullying**

(Lincoln, Neb.) – Stand for the Silent is part of a statewide movement that began in 2012 in which youth and adults stand together against bullying. Bullying has been a continuous and fearful problem that has taken over many youth's lives and Stand for the Silent is a day where the state can come together and bring awareness to the issue. More than 50,000 youth will participate on April 26 in communities across Nebraska.

“As an advocate for mental wellness, I have seen how much bullying has affected our schools, families, and our society in general. Bullying has become the cause of self-inflicted harm and worse, teen suicide. It's time for all of us to take a stand to stop bullying,” said Senator Amanda McGill.

Glow sticks and pledge cards have been provided for those who have registered at [www.serve.nebraska.gov](http://www.serve.nebraska.gov). The glow sticks represent a candle light vigil and are something the youth can take with them to remember the event. The Stand for the Silent pledge will be recited followed by silence for seven seconds (to represent that every seven seconds someone is bullied) in commemoration for those who have been bullied.

This year the event is made possible from these sponsors: ServeNebraska, Mike Smith Live, Oriental Trading, Schaefer's, State Farm and the University of Nebraska Lincoln Athletic Department.

For more information and how you can get involved, contact Cathy Plager, at 402-471-6226 or [cathleen.plager@nebraska.gov](mailto:cathleen.plager@nebraska.gov).

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